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True Financial Freedom

This is the chapter that many of you have been waiting for. Who doesn't love the idea of being financially free? In this chapter, you will discover what true financial freedom is, and learn how to experience it for yourself. In order for any of that to make sense, though you have to **read and understand the previous three chapters.**

This chapter is all about your relationship with money. Money is a powerful tool that can help you to become truly, completely happy—once you understand how to master it. Money, however is not the secret of happiness. You do not need money to be happy. All you need in order to become completely and eternally happy is to **choose the best-feeling thought currently available to you.**

When you begin your journey, you look for happiness outside of you. Each time you look outside of yourself for happiness, you give away your power, create an attachment, and step into Victim Consciousness. You believe that the thing that you seek will make you happy—and when you possess it, for a brief time, it might. But once you have it, you have to protect it. If you lost it, how could you survive? Eventually, you discover that the Source of your happiness isn't outside; it's within you. There's just one catch. All of those thousands of attachments that you created while you were looking outside of yourself are now keeping you from connecting with that Source. The only way that you can become truly happy is to get rid of your attachments.

This could be a daunting task! Look around at all of the things in your life. At one time you wanted every single one of them, and that means every single thing in your life—big or small—potentially represents an attachment keeping you from being happy. Granted, some attachments are bigger than others. It's one thing to worry about losing a pen, and quite another to worry about losing a car. But then again, you may only own one car, but you might have dozens of pens. Each and every pen represents an attachment, however small.

Fortunately, you don't need to question and release your attachment to each individual object. Instead, you can question your attachment to a symbol. This symbol not only represents every material thing in your life, but it can also represent the intangible experiences you attach to, such as success, security, power, freedom and even love. By freeing yourself of your attachment to this symbol, you free yourself of your attachments to everything the symbol can represent.

The symbol, of course, is money.

Think about it. Money doesn't matter to you. What matters is what money represents and what it can do. You care about the things that money can buy. You care about the experiences that you associate with having money. In short, money is a symbol that represents anything and everything that you could mistake for the Source of your happiness. When you let go of your attachment to money, you let go of almost all of your attachments. And that's when you finally become truly happy.

Don't worry if this seems impossible to you right now. For most people, letting go of the attachment to money is a gradual and ongoing process. It doesn't happen overnight, nor does it need to. Remember that what you really care about is happiness, not money. All you need to do to become completely happy is to **choose the best-feeling thought currently available to you**. Each time you choose a better-feeling thought, your consciousness expands. As your consciousness expands, your attachments to money begin to soften and fall away on their own.

Your consciousness alone determines how you experience money, so we'll explore what money is when viewed from the different Kingdoms of Consciousness.

Money from the First Kingdom

In First Kingdom, your entire experience of money comes from two false beliefs:

- 1. Money is my Source; I cannot survive without money.**
- 2. There is a limited, fixed amount of money in the world.**

In First Kingdom, both of these beliefs are absolutely *real*; however, they are not *true*. These beliefs are what create the “little r” reality that you experience at the levels of consciousness in First Kingdom. Until you confront them directly and replace them with Spiritual Truth, they will remain a fundamental part of your programming.

The lowest levels of consciousness around money involve the energy of Shame and Guilt. These two most painful and negative emotions result from the false beliefs that money is necessary for survival, and there is a fixed and limited amount of money in the world. The more money

I have, the less money you have. By extension, the only way that I can survive is by hurting your chances of survival. The law of the land is “Kill or be killed.” These vibrations fuel the belief that money is evil, dangerous or destructive. They are behind the beliefs that money is the opposite of God, and that one cannot be prosperous and be loved by God at the same time. You feel guilty for having money, you feel guilty for needing money, and you feel ashamed that you choose your own survival over someone else’s. When these are the dominant vibrations of consciousness, the result is abject poverty and destitution.

The next higher level of consciousness is Apathy. At the level of Apathy, there is no hope. There is nothing that you can do to change the way things are. All that can be said about Apathy is that it feels better than Shame or Guilt, because you no longer personalize the story. Homelessness is a manifestation of this level of consciousness.

Grief has more available energy than Apathy, and therefore it feels better. Grief is focused on the past, as you mourn the things that you have lost. At this level of consciousness, you encounter stories that you are unworthy or undeserving of money or prosperity. Grief can also draw on the lower vibrations of Shame and Guilt to create the belief that you are being punished for your sins. Grief has more energy than Shame or Guilt, and unlike Apathy, contains a glimmer of hope: the possibility that through your suffering, you may eventually be redeemed.

Fear has more energy than Grief, although the two are closely linked. Grief looks to the past as you mourn the things that you have lost. Fear looks to the future, and anticipates the pain that you will experience when you lose something and fall back into Grief. Fear of loss is what fuels your attachments. Fear is what makes you cling to and defend the things that you have. At the level of Fear, you are the most acutely aware of the false belief that you cannot survive without money. You experience Fear when you believe that your Source is outside of you. You fear losing your job, your house, your car, and your investments. And most of all, you fear that there is nothing at all that you can do about it.

It is only when you move up to the level of Desire that you have enough energy available to move out of poverty and destitution towards an experience of true prosperity. At the dominant vibration of Fear, you are paralyzed and incapable of taking any action. At the vibration of Desire, however, you have enough energy to pursue the things that you want. You are still afraid of losing what you already have, but now you have enough energy to protect what you have, while you go out and acquire more. Desire is what fuels the belief that money can buy happiness.

At the level of Desire, you begin to suppress your stories of Shame, Guilt and Grief. You no longer worry about other people. “Survival of the fittest” is the law of the land, and it’s nothing

to be ashamed of. You are entirely focused on your own gain. More is better, and greed is good. Desire is where you first learn to be selfish.

Notice your reaction to the word “selfish.” Does this word have a negative connotation for you? If so, you’ve just discovered some old programming from the levels of consciousness of Shame and Guilt. The belief that “selfishness” is bad is based on the illusion of lack. By putting yourself first, you’re hurting other’s chances for survival. This is old programming, taught to most of us as children, and it is completely untrue. As long as you carry these false beliefs, they will create painful experiences for you.

Anger, the next level of consciousness, gives you the ability to act on your Desires. You have the strength to stand up and fight for your rights. Compared to the levels of consciousness below it, Anger feels powerful. Anger feels energetic, and driven. For the first time, you have the ability to actually go out and get what you want. As comparatively good as Anger feels, it is still limited. Anger gives you the energy and the drive to compete and acquire more and more money; however, Anger does not have enough energy for you to be able to enjoy it. This changes once you reach the level of Pride.

At the level of Pride, money is about status, power and control. You experience powerful attachments at this level of consciousness, because Pride is always accompanied by Fear. You believe that the more that you have—money, possessions and status—the safer you will feel. As always, the exact opposite is the case. The more you have, the more you have to lose. Even at the heights of First Kingdom, you cannot escape the pull of the lower vibrations. Pride is fueled by the addictive energy of Desire, and always mixed with the Fear of loss, and the Shame of having lost.

Money in First Kingdom is always a problem. In the lower levels of First Kingdom, you believe that all of your problems would be solved if you had large sums of money. But at the level of Pride, you discover that large sums of money don’t make you happy or Safe. As long as you believe that there’s a limited supply of money, no matter how much money you have, it will never be enough. The only way to solve this problem is to expand your consciousness to the next level and see the world anew.

Money from Second Kingdom

Once you move into the levels of consciousness of Second Kingdom you are able to begin to tell the Truth about money. **Absolutely *nothing* that you believe about money in First Kingdom is True.** In Second Kingdom you have sufficient power to heal the damage you’ve suffered as a result of the core false beliefs about money that you held in First Kingdom. When

you begin to accept and understand the truth about money, you clear the way to experience absolute financial freedom. The Truths about money when viewed from Second Kingdom are:

1. **Money is energy, and energy is infinite, so the supply of money is unlimited.**
2. **Money is not my Source; I do not need money in order to survive.**

When you step into Second Kingdom, you become accountable for your choices. You begin to master the Law of Cause and Effect, which is the highest Law in Second Kingdom. When you awaken to the Truth that your choices create your “little r” reality, you encounter true power for the first time. Since you create your “little r” reality, if you don’t like what you’ve created, you can change it. When you make different choices, you create different results.

Money is very important in Second Kingdom, but you now understand how to obtain it thanks to the Law of Cause and Effect. If you get a job and work hard, you’ll make money. The harder you work and the more you apply yourself, the bigger the return on your investment. The biggest obstacle here is the vibration of Pride, which may prevent you from starting at the bottom or performing “menial” tasks because they’re “beneath your dignity.”

As you advance through the levels of consciousness in Second Kingdom, you become more skilled at addressing and meeting your needs. You believe that the secret of happiness is meeting your needs, and you can meet all of your *needs* without ever once getting what you *want*. Your attachments gradually begin to dissolve, and the balance in your Safety Need Account increases. As you begin to experience true Safety, you become aware of your sufficiency. In this moment, you have enough. There is nothing that you lack. Since there’s nothing that you lack, there’s nothing that you want. And since there’s nothing that you want, you no longer need your attachments. At some point, you realize that you feel truly Safe, and completely sufficient, and this has nothing to do with the balance in your checking account.

You no longer need to feel Guilt or Shame about money because you’re not taking anything away from anyone else. Your prosperity has nothing to do with anyone else’s. It’s possible for you to “win” without other people “losing.”

You can now begin to question your relationship to money. Money is simply a form of energy. Like all energy, it’s infinite, and can neither be created nor destroyed. And yet you relate to money differently than you relate to any other kind of energy. Electricity is energy, too, but you don’t worry about whether you’ll have enough electricity left over at the end of the month to watch television. You don’t worry about how to get the electricity from the power plant to the light switch—you just flip the switch, expecting the lights to go on, and they do. You don’t

care about electricity. You care about the experiences that it facilitates. Money is no different. Worrying about having enough money is like worrying about having enough electricity.

You can begin to relate to money as a form of energy. You can channel and direct this energy to support yourself, and help create the kinds of experiences that appeal to you. Ultimately, you channel money in the same way that you channel electricity: you simply plug in to the outlet and know that there is always enough energy available to power your intentions.

When you are anchored in the Truth that you are always Safe, and all of your needs are always, easily, effortlessly and automatically met, money is no longer so important. It can come as quite a shock to realize that you can be utterly, completely, happy without money. Money is not the Source of your happiness. Money is just something that occasionally shows up as a part of the creative process that brings an idea or an intention into form.

Once you reach this point, you're ready to expand your consciousness once more and look at the money from Third Kingdom.

Money from Third Kingdom

This is the absolute Truth about money: Money is none of your business.

Money is energy, and energy is infinite, so whose business is that? You can play with money, and you can channel it, but you can't ever control it. Ultimately, you have no power over money, and therefore money is none of your business. Money is God's business.

When you step into Third Kingdom, what matters are your Core Values, and these experiences are present in absolutely everything. In Third Kingdom you fully know the Truth that the Source of your happiness is within you. You have moved beyond the Law of Cause and Effect as you begin to master the more powerful Law of Attraction.

In Third Kingdom, you experience a "little r" reality where wonderful, amazing experiences just show up. Sometimes these experiences include the appearance of money, and the illusion that money is what facilitates the experience. When you spend time aligned with the Truth of Third Kingdom, however, you recognize that money is just another part of the story. Money is not part of the creative process. Money is none of your business. For that matter, the creative process is none of your business, either. Your business is simply to **choose the best-feeling thought currently available to you.**

This is the secret of true financial freedom.

True financial freedom is nothing more than choosing not to worry about money.

True financial freedom is knowing the Truth that God is your Source.

True financial freedom has nothing to do with money, because money is none of your business.

This is a very big stretch for most people. Once you're able to step out of Victim Consciousness around money, you can probably agree with these Truths at least on an intellectual level. Living them, and having them be a fundamental part of your "little r" reality, however, is a different matter.

Money is such a powerful tool because it is a symbol that represents everything that exists in the world of form. Moving from Second Kingdom to Third Kingdom means taking a leap of faith and exploring levels of consciousness that are beyond form. Crossing into the Third Kingdom means having faith in things that you cannot see, prove, understand or explain using reason, logic, or the linear mind. Everything you encounter in Third Kingdom is *true*, but it's not always *real*. When you act based on your faith, and what you subjectively know to be true, your "little r" reality gradually shifts to reflect greater levels of truth. This can be a lengthy and challenging process. Fortunately, there is a Spiritual Practice that will support you in developing your faith. This Spiritual Practice will transform your relationship with money—and your relationship with form. It will prepare you to take the leap of faith into Third Kingdom, where the Law of Attraction is waiting to bring you experiences of prosperity beyond your wildest dreams. This Spiritual Practice is called **Tithing**.

Spiritual Practice #6: Tithing

Tithing is an expression of appreciation and gratitude in the form of 10% of your income each month, given to the people and places that nourish and feed you spiritually. A tithe does not need to go to the same place each month, and it can be distributed among more than one recipient, so long as the total is 10%. When these two criteria are met—the 10% amount and the heart connection to the recipient—tithing is a Spiritual Practice. Tithing is giving from Third Kingdom.

Tithing is not charity. Charity is a very noble and worthwhile act. However, charity is giving from Second Kingdom. Charity is given to people and organizations that you perceive as lacking. You give charity when you feel that you have enough (sufficiency), so that you can help those who do not have enough (lack). Charity on its own will not transform your experiences of prosperity. When you give charity, you affirm your own sufficiency, but you are also affirm the illusion of lack.

Tithing, on the other hand, is giving from Third Kingdom. **Tithing** does not come from a place of "I have enough;" **Tithing** comes from the Truth that "I am infinite!" When you tithe, you open the floodgates so that you can claim your infinite abundance and prosperity.

Tithing is a Spiritual Practice and it requires a leap of faith. Because **Tithing** comes from Third Kingdom, it is not possible to understand it logically or rationally. Logic and reason

are tools of the Second Kingdom (calibrating in the 400s). Tithing calibrates at 540 and above. The only way to understand the greater Truths of the Third Kingdom (and beyond) is personal experience.

It is not possible to “work up” to a tithe by giving less than 10%. It’s more difficult (and not just for the math impaired) to give 5% than it is to give 10%. Consider the consciousness around the belief that you need to “work up” to a tithe: it’s deeply rooted in First Kingdom and Victim/Lack Consciousness. If you only give 5%, you are affirming that you do not have enough, and this is the “little r” reality that the Law of Attraction will create for you. When you only give 5%, you are almost certain to feel financially strapped at the end of the month.

When you tithe, however, you are affirming the Truth of your **Abundance**, and this is what you experience. When you give 10%, you will discover that you have more left over at the end of the month than you expected. This makes absolutely no logical or rational sense, but logic and reason are not powerful enough tools to understand **Tithing**.

If **Tithing** is new to you, you will need to prepare for it. Spend at least a month practicing the **Present Moment Awareness Safety Meditation** and the **Gratitude (“I Love and Appreciate _____”)** exercises. These Spiritual Practices will develop the necessary spiritual muscles to prepare you to take the leap of faith and begin to tithe.

When you do begin to tithe, **commit to a *minimum* of three consecutive months**. This is a long enough time for you to have a subjective, personal experience of how **Tithing** shows up for you. The worst that can happen is that you get a bigger tax refund at the end of the year. The best that can happen is that you open yourself to receiving an endless and infinite flow of prosperity in your life.

When you sit down to write your tithe checks, don’t worry if you’re feeling less than grateful. It’s common for feelings of fear and lack to come up to be healed when writing a tithe check. Just let the feelings come up and be present with them. As long as you’re giving 10%, and it’s going to people and places that feed you spiritually, you are engaged in the Spiritual Practice of **Tithing**, and the consciousness of **Tithing** is significantly more powerful than the vibrations of your fears. If you surrender and allow these feelings to move through you, they will be instantly healed. Bear in mind, though, that you may have a substantial reserve of these lack-based thoughts, so it will probably take more than two or three tithe checks to clear all of them out of your consciousness. However, the longer you stay aligned with the consciousness of **Tithing**, the less these thoughts will be able to interfere with your ability to be happy.

Spiritual Community

As important as your personal daily spiritual practice is in expanding your consciousness and helping you to get from wherever you are to “Happy,” you should not overlook the value of spiritual community. Your journey may be personal, but you don’t have to take it alone. Spiritual community can provide support, guidance, inspiration, and additional opportunities to experience the energies and vibrations of Third Kingdom. Shared spiritual experiences can move you in profound ways. Plus, it’s nice to have people with whom you can share your personal triumphs and experiences along your individual path. When you’re a part of a spiritual community, you’re among people who can appreciate and understand what you’re talking about.

Spiritual community comes in many different forms. On one end of the spectrum, spiritual community includes established formal places of worship, such as churches, synagogues, temples or mosques. One of the functions of organized religion is to create experiences of spiritual community. In addition to the traditional, formal religious institutions, one can also choose from a growing number of spiritual centers that emphasize spirituality over religion. Some of these include Science of Mind and Spirit, Unity Church, and the Self Realization Fellowship. Formal spiritual communities usually hold regular weekly services, and often offer classes and workshops. Feel free to shop around, experiencing different communities—even within the same philosophy—until you find one that feels like home to you. An incidental advantage of becoming a member of a more structured spiritual community is that you will have an easy, consistent place where you can tithe.

On the other end of the spectrum are more informal experiences of spiritual community. All around the world, groups of individuals come together in meditation or contemplation. Some groups offer guided meditations, and others simply invite participants to sit together in the silence. The experience of group meditation is often quite different than meditating on your own, and it can be profound.

You can even create spiritual community yourself by creating or participating in a spiritual book club. You can download a free study guide and resources on how to facilitate an *Astrology & The Law of Attraction* study group here: www.TheRealAstrology.com/GUIDE.

Review: Spiritual Practices for Happiness

You now know every spiritual practice that you need in order to expand your level of consciousness and experience true happiness. If you’ve been skimming over the Spiritual Practices waiting

until we get to the astrology, you're going to be very disappointed. Everything—including all of the astrology—comes back to these Spiritual Practices.

1. Choose the Best-Feeling Thought Currently Available to You

Everything in this book is designed to make it easier for you to do this. This is the simplest Spiritual Practice, but it's not always the easiest. All of the other Spiritual Practices, and for that matter, all of the work you'll be doing with the Astrological Archetypes is designed to give you better-feeling thoughts.

2. Whose Business Is It? (“_____ is None of My Business.”)

Anytime you're in Victim Consciousness, the story you're telling is not your business. All you need to do to step out of Victim Consciousness and back into integrity is to drop the story. Remember that ultimately “My Business” is **choose the best-feeling thought currently available to you.**

3. “The List”

In order to stay out of Victim Consciousness, you have to train the ego to become accountable. “The List” exercise helps you develop these spiritual muscles so that you become willing to be accountable for your choices both in thought, word and action.

4. Present Moment Awareness Safety Meditation

Whenever the balance in your Safety Need Account drops below the minimum level, you step into Victim Consciousness by creating attachments. By practicing the **Present Moment Awareness Safety Meditation**, you can experience the Truth that you are always Safe. The more advanced Spiritual Practices become accessible to you once you feel truly Safe. You can download MP3 files of this meditation at <http://www.TheRealAstrology.com/PMA>.

5. Gratitude (“I Love and Appreciate _____”)

Most of us have spent our lives suppressing our feelings, because most of what we feel is unpleasant. In order to feel truly happy, however, you must once again remember how to feel. Once you have mastered the **Present Moment Awareness Safety Meditation** you will have sufficient power available to let yourself feel the negative emotions. When you allow yourself to feel the negative emotions, you also allow yourself to feel the positive emotions. By practicing **Gratitude**, you begin to open your heart so that you can experience true joy and happiness.

6. Tithing

The most advanced Spiritual Practice is **Tithing**. **Tithing** is what helps build the bridge of faith that allows you to let go of your attachment to the world of form and cross into the Spiritual Realities of Third Kingdom. The paradox is that when you let go of your attachments to the world of form, you begin to experience abundant prosperity.

STOP! Consider Carefully Before You Read Any Further

You now have all of the tools that you need in order to experience everything you choose to experience in your life. Before you read any further, I invite you to take some time and incorporate some of these Spiritual Practices into your daily life.

In the very first chapter, I explain that the goal is to complicate things just enough that your monkey mind is occupied and you find it easy to **choose the best-feeling thought currently available to you**. This can be a very narrow target.

It's easy to overshoot this target by accumulating too much information. Nothing in this book will make a difference in your life unless you make it a part of your life. Reading this book won't change anything. Developing your spiritual muscles through daily Spiritual Practice, however, will change your reality. If you haven't already downloaded the *Astrology & The Law of Attraction Study Guide*, I encourage you to do so now. It's free, and it's available at www.TheRealAstrology.com/GUIDE. This Study Guide will support you in integrating and deepening your experience of the Spiritual Truths you've learned. It will also help you to develop your own daily Spiritual Practice.

Please do not read any further until you have spent at least a week experiencing these Spiritual Practices for yourself. After a week of consistent Spiritual Practice, look within and question if you need any further distraction. If you find the Spiritual Practices to be easy and comforting, and feel that you can effortlessly incorporate them into your daily life, you're done. There is no need for you to read the rest of this book. You're well on your way to happiness.

If, on the other hand, you feel that you could benefit from something more, that you need additional distractions to quiet your monkey mind, then you're ready to move on to the next section where you will meet the seven Astrological Archetypes and begin to put names (and sometimes faces) to the different voices in your head. You're ready to embark on the Hero's Journey and become the Hero of your own story.