

the Human Game™ EXPERIENCE

The Quest for Happiness

SPECIAL REPORT

**Astrology-Based
Reality Role
Playing Game**

Kevin B. Burk

THIS PAGE INTENTIONALLY LEFT BLANK

Special Report

The Human Game Experience: An Astrology-Based Reality Role Playing Game

This is a story about story. Specifically, this is a story about *your* story: The Story of Your Life. Up to this point, you've spent your life driven by your wants and your needs. Your days are filled with things you *have* to do with little time for things you would *like* to do. You pursue happiness, but never quite achieve it, at least not for very long.

But this isn't who you are destined to be and this isn't the life you were meant to lead. You are actually the ruler of your own kingdom—the City of Your Life. You have been separated from your kingdom and lost in the realm of what you call the “real world,” but now you have the opportunity to return and claim your birthright with the Human Game™.

The Human Game is a philosophy based on the idea that the universe is made up of stories. Story is the smallest practical unit of reality. When you understand how story works, you understand how reality works—and when you improve your story, you improve your reality. You can take charge of The Story of Your Life with **The Human Game Experience: The Quest for Happiness**.

The Real Astrology Academy Presents

the
Human Game™
EXPERIENCE

The Quest for Happiness

Think of the Human Game Experience as an astrology-based reality role playing game. It's a game, so the point is to have fun. It's a role playing game because you play the role of your character—the hero of The Story of Your Life. You get to choose your own adventure. Much like fantasy role-playing games like Dungeons & Dragons, your character has a set of skills and attributes. As you overcome obstacles and gain experience, you can up-level your character to become more powerful and accomplish bigger and better goals. Unlike fantasy role-playing games, the Human Game turns your entire reality into a game.

You're not navigating a fantasy world of swords and sorcery, and you're not battling virtual terrorists.

You're confronting the perils of a Monday morning staff meeting, and you're using tools and strategies from your unique birth chart to *win*.

This Special Report will take you through the story of The Human Game Experience: The Quest for Happiness and illustrate how the symbols contained in your unique birth chart can help you overcome obstacles, gain experience, up-level your character, and experience happiness.

The Human Game Experience: The Quest for Happiness is an 8-week online program that combines video tutorials, a *Player's Handbook*, and personal coaching with the support of a growing community of other players around the world.

Each week, you will post written game play objectives in a private, online forum. Initially, these game play objectives help you to recognize the shapes and patterns of stories in your life. As you progress, you'll begin to develop and apply new strategies—based on your birth chart—to help you achieve goals and solve the Happiness Problem.

To appreciate how you will experience this in your reality, we must first explore how reality operates in the Human Game.

Reality and the Human Game Story Matrix

You think reality is what you perceive in the external world, but in fact, reality is the story you tell yourself from your internal world. Your actual reality consists of your sense of “Me” and your feelings. Literally everything else appears to exist outside of you. In a sense, *all* reality is virtual.

What you experience as reality is in fact, a composite story that combines three different realms of reality. **The Human Game Story Matrix** is like a prism that splits the composite story into the three component levels of story: the **Plot-level** story, the **Character-level** story, and the **Theme-level** story.



The **Plot-level story** is the external sequence of events. Everything about the external world, including every goal and every obstacle relates to the Plot-level story. You are currently lost in the realm of the external, Plot-level story.

The **Character-level story** is where you find your kingdom and the City of Your Life. Everything about your internal world, including your feelings, emotions, and thoughts relates to the Character-level story. The Plot-level story is “what happened” and the Character-level story is “what happened to *me*—and how do I feel about it?” You must find your way back to the Character-level story to reclaim your kingdom and fulfill your potential. You’ll do this by accessing the power of the Theme-level story, the realm of symbols, magic, and meaning.

The **Theme-level story** is the universal, archetypal, symbolic world. The Theme-level story is where you can find the meaning and purpose of your life.

Your unique birth chart is a multi-dimensional map that can help you to achieve your goals, explore your potential, and experience happiness. You don’t have to understand the entire map to take advantage of it—a little astrology goes a long way.

The symbols of astrology operate in the Theme-level story. Each symbol can represent an extensive range of concepts. Astrology at the Theme-level story is incredibly powerful, but not at all practical.

When you connect the Theme-level astrology symbols to your Character-level story, the planets represent internal needs that motivate your character. This helps you to organize your feelings and your internal reality by associating feelings and perceptions with the seven planets. For example, the Moon symbolizes your **Safety Needs** and Venus symbolizes your **Validation Needs**—and when you are able to manage the balance in your Safety Need Account and your Validation Need Account, you experience happiness.

Once you’ve connected the Theme-level astrology symbols to your Character-level story, you can apply those symbols to the external, Plot-level story so that you can create astrology-based strategies to overcome obstacles and achieve external goals.

Reclaim Your Kingdom with The Quest for Happiness

The story of the Human Game begins where most stories end, with Happily Ever After. Until you establish a foundation of happiness, your life is filled with things you have to do. It’s all work and no play. Without a Happily Ever After, when the call to adventure comes, you let it go to voice mail.

If you’re like most people, you experience moments of happiness interrupted by problems. You solve a problem and experience a moment of happiness and then another problem pops up. Life can feel like a game of Whac-a-Mole as you run from problem to problem. You believe that when there are no more problems, then you’ll finally be happy.

But in fact, happiness itself is the problem. To solve the happiness problem we first need to understand the difference between a *problem* and an *obstacle*.

An *obstacle* is anything that interferes with your ability to achieve an external goal. Anything that stands between you and something you want is an obstacle.

A *problem* is anything that interferes with your happiness.

Just because something is an obstacle doesn’t mean it has to be a problem. An obstacle is only a problem if not getting what you want means you won’t be happy.

When you embark on The Quest for Happiness, you will gain experience and up-level your character while learning how to exert creative control over the Character-level Story of Your Life.

You begin by getting familiar with the Plot-level view of your story. Your first objective is to lower the stakes of your stories. When the stakes are high, your happiness is at risk, and you experience worry and anxiety. When you lower the stakes, you have nothing to lose, and you can find the fun.

One way to lower the stakes is to identify your **CACA Expectations**—your continuous, unconscious, and entirely unreasonable expectations of **Convenience, Agreement, Compliance, and Approval**.

The CACA Expectations connect the Plot-level story to the Character-level story because your expectations of Convenience, Agreement, Compliance, and Approval directly relate to how you feel about your stories.

Sometimes, adjusting your CACA Expectations is enough to turn a problem back into an obstacle. Other times, you need to switch to the Character-level story to resolve the problem.

This is the first place where astrology can help. You'll work with the Moon in your birth chart to help you acquire safety resources.

Don't panic if you don't know much about astrology! You don't need to learn astrology to get the full benefit of the Human Game Experience. I'll provide you with everything you need to complete the Quest for Happiness.

But I'd like to give you a peek into some of the ways that astrology creates the reality of the Human Game Experience.

Astrology and Your Character's Alignment

In Dungeons & Dragons, each character's behavior is influenced by their alignment. Alignment operates on two axes. The moral axis determines if a character identifies as Good, Evil, or Neutral. The operational axis determines how the character expresses that alignment. They can be Lawful, Neutral, or Chaotic in their approach.

Astrology has no influence over your character's morality, but it does determine your operational approach. The three Modalities, **Cardinal, Fixed, and Mutable** describe three different ways to approach a goal.

The **Cardinal Signs, Aries, Cancer, Libra, and Capricorn**, are **Team Hare**. They correlate to a Lawful alignment and see things as black or white. When you take a Cardinal approach, the race is a sprint. You view the goal as an archery target that you must hit with a single arrow.

The **Fixed Signs, Taurus, Leo, Scorpio, and Aquarius** are **Team Tortoise**. They correlate to a Neutral alignment and prefer to keep the peace and maintain the status quo. When you take a Fixed approach, the race is a marathon. You view the goal as an ongoing process that must be managed and sustained.

The **Mutable Signs, Gemini, Virgo, Sagittarius, and Pisces**, are **Team Hummingbird**. They correlate to the Chaotic alignment and take a flexible, adaptable approach. When you take a Mutable approach, the race is a scavenger hunt. You view the goal as a collection of tasks on a to-do list that can be completed in any order.

A character in Dungeons & Dragons has a single alignment, but in the Human Game, your alignment is based on the sign of the planet in charge of the current task. You may take a Cardinal approach to certain goals, but a Fixed or a Mutable approach to others.

The First Task: Acquire Safety Resources

The first task in the Quest for Happiness is to acquire safety resources. You'll begin to assemble a **Happiness GPS** to help you locate safety and raise the balance in your Safety Need Account. The Modality of your Moon tells you **HOW** you approach safety. The Element of your Moon tells you **WHICH** language you speak and **WHICH** kind of safety resources you need. And the House occupied by your Moon tells you **WHERE** you can find safety resources.

Here's a sample of what that means and how you will use the astrology of your birth chart to create practical strategies to create happiness.

The Moon in the Modalities (HOW)

Moon in a Cardinal Sign (Aries, Cancer, Libra, Capricorn)

With the Moon in a Cardinal Sign, you approach your safety **GOAL** as an archery target that you must hit with a single arrow. You spend time planning and preparing, but once you take your shot, there's nothing more you can do. If you hit the target, you take a giant leap forward, but if you miss the target you stay where you are and have to start over again. It's easier to hit the target and acquire safety resources if you move the target closer with a new story about your current situation.

Moon in a Fixed Sign (Taurus, Leo, Scorpio, Aquarius)

With the Moon in a Fixed Sign, meeting your safety **GOAL** is an ongoing process that requires planning, resources, and logistical support. You rely on your internal accounting department to coordinate everything and keep an eye on the big picture. You have multiple simultaneous projects that require safety resources, and your top priority is to keep the projects funded. Each project has a preapproved budget and expected income targets. You have operational accounts with the safety resources budgeted for each **GOAL**, and you also have a substantial reserve of safety resources you maintain to protect against future shortages. Rather than acquiring new safety resources for your current project, you can make existing resources available. You just need a story to get approval from your accounting department.

Moon in a Mutable Sign (Gemini, Virgo, Sagittarius, Pisces)

With the Moon in a Mutable Sign, you take a nonlinear approach to your safety **GOAL**. Rather than identifying a sequence of steps to arrive at the finish line, you break the **GOAL** into component tasks and organize them on a to-do list. When you have checked every item off the list, you will achieve the **GOAL**. The flexibility of this approach allows you to keep moving and avoid most obstacles and delays. But just because you're moving doesn't mean you're making progress. If you hope to acquire resources to meet your safety **GOAL**, you need to organize your to-do list through a new story.

The Moon in the Elements (WHICH)

Moon in a Fire Sign (Aries, Leo, Sagittarius)

With the Moon in a Fire Sign, safety requires passion, intensity, and urgency. You experience safety by taking action and expending energy. For you, safety is a verb, not a noun; it must be expressed to be

experienced. You can acquire Fire resources to meet your Safety Needs by expending some energy to heat things up through a new story.

Moon in an Earth Sign (Taurus, Virgo, Capricorn)

With the Moon in an Earth Sign, you expect to find safety in the physical and material realm. Safety is practical and almost tangible. It's easiest for you to experience safety when you can associate it with something you can touch in the physical world. You can acquire Earth resources to meet your Safety Needs by interacting with the material world through a new story.

Moon in an Air Sign (Gemini, Libra, Aquarius)

With the Moon in an Air Sign, you expect to find safety in the mental realm of the intellect. Safety is an abstract concept; it's a story, made up of words, so words are enough to meet your Safety Needs. You can acquire Air resources to meet your Safety Needs by rising high above the story to get a bird's eye view through a new story.

Moon in a Water Sign (Cancer, Scorpio, Pisces)

With the Moon in a Water Sign, safety is a feeling; you look for it in the internal, personal, subjective realm of your emotions and your unconscious. Words create the bridge between your external story and your internal feelings, but words can never describe the feeling of safety. Even so, to acquire Water resources to meet your Safety Needs, you must find words to differentiate your feelings through a new story.

The Moon in the Houses (WHERE)

Moon in the First House

With the Moon in your First House, you find safety in your health, happiness, and physical appearance. When you take care of your physical body with movement and exercise, make supportive choices around nutrition and rest, or even take a few moments for personal grooming so you look your best, you generate safety resources. You also generate safety resources when you're engaged in activities that you enjoy and that contribute to your happiness. You can find safety in your current story by connecting it to the First House through a new story.

Moon in the Second House

With the Moon in your Second House, you find safety in your money, resources, skills, and talents. When you engage with your money and resources, whether by earning money, saving money, managing money, or spending money, you generate safety resources. You also generate safety resources when you're developing skills or using your talents. You can find safety in your current story by connecting it to the Second House through a new story.

Moon in the Third House

With the Moon in your Third House, you find safety in your comfort zone and your habits and routines. The more familiar you are with your environment and the objectives in your current story, the more confident and comfortable you are, and this generates safety resources. You also generate

safety resources when you can automate your life, using habits and routines so that you can direct your attention to more interesting or important things. You can find safety in your current story by connecting it to the Third House through a new story.

Moon in the Fourth House

With the Moon in your Fourth House, you find safety in your foundation, your sanctuary, and your privacy. When you take care of your foundation, the parts of your life that take priority and make the rest of your life possible, you generate safety resources. You also generate safety resources when you retreat to your personal sanctuary so you can enjoy your privacy and recharge your batteries. You can find safety in your current story by connecting it to the Fourth House through a new story.

Moon in the Fifth House

With the Moon in your Fifth House, you find safety in your creativity, recreation, and risk. When you express your creativity, which includes everything from artistic expression to solving a problem, you generate safety resources. You also generate safety resources when you are having fun, playing games, experiencing pleasure, and taking risks. You can find safety in your current story by connecting it to the Fifth House through a new story.

Moon in the Sixth House

With the Moon in your Sixth House, you find safety in your work and your service. When you spend time working, whether at your job or meeting some other responsibility, you can't expect to be rewarded or appreciated for your effort—but you can expect to generate safety resources. You also generate safety resources when you perform selfless service, offering your time and energy in support of others. You can find safety in your current story by connecting it to the Sixth House through a new story.

Moon in the Seventh House

With the Moon in your Seventh House, you find safety in your relationships with other people. When you interact with individuals who play supporting roles in your story, you generate safety resources. You also generate safety resources when you relate to the general public—non-speaking background characters in your story—and when you become involved in stories about people you don't know personally such as celebrities or politicians. You can find safety in your current story by connecting it to the Seventh House through a new story.

Moon in the Eighth House

With the Moon in your Eighth House, you find safety in your debts, obligations, and shared resources. When you engage with debts and obligations by accepting support from others, repaying that support, and obeying the Law of Circulation, you generate safety resources. You also generate safety resources when you combine your resources with others to create more opportunity for all. You can find safety in your current story by connecting to the Eighth House through a new story.

Moon in the Ninth House

With the Moon in your Ninth House, you find safety in your danger zone and your encounters with experts and authorities. When you leave your comfort zone behind and enter the danger zone, everything is distant, foreign, and unfamiliar. You return with new experiences, a greater understanding of your story, and safety resources. You also generate safety resources when you seek out experts and authorities to help you understand the unknown. You can find safety in your current story by connecting to the Ninth House through a new story.

Moon in the Tenth House

With the Moon in your Tenth House, you find safety in your reputation, your advancement, and your public image. When you work for advancement in your personal, social, or professional life, and hope to create a reputation for success, you generate safety resources. You also generate safety resources when you engage with your public image through your social media presence. You can find safety in your current story by connecting to the Tenth House through a new story.

Moon in the Eleventh House

With the Moon in your Eleventh House, you find safety in your ambitions, aspirations, and acquisitions. When you engage with your ambitions, whether you create The Story of Your dream or work to make it a reality, you generate safety resources. You also generate safety resources when you set out to acquire the things you believe will make you happy. You can find safety in your current story by connecting it to the Eleventh House through a new story.

Moon in the Twelfth House

With the Moon in your Twelfth House, you find safety in adversity and in your blind spot. Adversity takes many forms, but it always creates an obstacle you must overcome to achieve your goal and advance in your story. When you experience adversity you have the opportunity to discover hidden strength, and to generate safety resources. Because your safety resources occupy your blind spot, they're easy to overlook. You can find safety in your current story by connecting it to the Twelfth House through a new story.

The Second Task: Activate Your Validation Resources

Next, you'll explore Venus and your Validation Needs. You'll learn how to play Validation Games to activate your validation resources and build a foundation of happiness.

The Happiness GPS uses the Modality of your Venus to tell you **How** you approach love and appreciation; the Element of your Venus tells you **WHICH** language you speak for validation; and the House occupied by Venus tells you **WHERE** you can find both external approval and internal esteem. The way you approach Validation may or may not relate to how you approach Safety, and to maintain your Happily Ever After you will need to learn how to balance the two.

The Third Task: Your Avatar and Your Character Class

Dungeons & Dragons characters also have a class. Character classes are usually based on the character's inherent abilities. A character with lots of strength might be a Fighter; a character with a high intelligence might be a Wizard; to be a Cleric, you need Wisdom, and to be a Thief, you need dexterity.

The Human Game includes seven possible character classes: the seven personal planets. Your **chart ruler**—the planet that rules your **Rising Sign**—is your character class. This is how you appear to others in The Story of Your Life. Mastering the skills of your character class will greatly contribute to your happiness.

If you have **Leo on the Ascendant**, your avatar is the **Sun, the Archetype of the Hero**. When confronted with an obstacle, you rely on your integrity, your authenticity, and your vitality: the expressions of the Character-level Need of the Sun.

If you have **Cancer on the Ascendant**, your avatar is the **Moon, the Archetype of the Reflection**. When confronted with an obstacle, you internalize and process it at the level of your feelings and emotions. You ignore the external appearance and look for the Truth by engaging with the internal essence.

If you have **Gemini or Virgo on the Ascendant**, your avatar is **Mercury, the Archetype of the Storyteller**. When confronted with an obstacle, you analyze it so you can understand it, and then you use your intellect and your understanding of story to overcome it.

If you have **Taurus or Libra on the Ascendant**, your avatar is **Venus, the Archetype of the Beloved**. When confronted with an obstacle, you rely on your Core Values, making use of Beauty, Love, and the Law of Attraction to resolve the conflict and find a mutually-beneficial solution. When you radiate love, people fall over themselves to do things on your behalf and you barely have to lift a finger.

If you have **Aries or Scorpio on the Ascendant**, your avatar is **Mars, the Archetype of the Warrior**. When confronted with an obstacle, you face it directly, prepared for battle. You begin with a show of strength and perhaps a warning shot, but if you feel attacked or threatened, you will fight back.

If you have **Sagittarius or Pisces on the Ascendant**, your avatar is **Jupiter, the Archetype of the Dreamer**. When confronted with an obstacle, you look for ways to grow, expand, and make yourself big enough that the obstacle can no longer stand in your way.

If you have **Capricorn or Aquarius on the Ascendant**, your avatar is **Saturn, the Archetype of the Judge**. When confronted with an obstacle, you rely on the rules and expect that authorities will enforce the boundaries and impose penalties. If you can't find an external authority figure to serve as the judge, you will take on that responsibility yourself.

Your avatar—your character class—is how you appear to other people and other people expect you to behave in alignment with that astrological archetype.

As you explore the Modality, Element, and Houses associated with your avatar, you begin to tap into the unlimited potential of your character.

Finally, you will learn how to use the **Value Compass** to align with what truly matters to you, so you can build your foundation of happiness and then set out on even greater quests. You will experience all this (and much more) when you register for **The Human Game Experience: The Quest for Happiness** at <https://PlayTheHumanGame.com>.

Happily Ever After: A Happy Beginning

Happily Ever After is the end of The Quest for Happiness, but it's not the end of The Story of Your Life. The Story of Your Life continues—ever after—and because you have built a foundation of happiness, you no longer struggle with the Happiness Problem. For the first time in your life, you are truly free to choose your own adventure. And the Human Game can help you plan what's next.

Think of The Human Game Experience: The Quest for Happiness as the basic module. When you play The Quest for Happiness, you become familiar with the Human Game and the Rules of Story, and develop your character's skills and attributes so that you will be prepared for bigger and better challenges.

Here's a preview of some of the upcoming advanced expansion modules of The Human Game Experience!

The Human Game Experience: The Quest for Prosperity

The Quest for Prosperity has much in common with The Quest for Happiness, because although money doesn't create happiness, happiness does create prosperity. Money follows happiness. Before you can manage the balance in your checking account, you first need to manage the balance in your Safety Need Account and your Validation Need Account.

Rather than exploring your avatar, this quest will explore your Second House neighborhood, the financial district in the City of Your Life. You will work with the planet that rules your Second House and explore how the alignment and attributes of that planet point you to the most effective strategies to build wealth and prosperity. You'll discover which area of your life contains the fuel you need to find the motivation and energy to pursue your financial goals, and what kinds of activities support your prosperity. And you'll have fun applying these strategies to your life as you increase your prosperity.

The Human Game Experience: The Identity Quest

The Identity Quest builds on your foundation of happiness by answering the big question, "Who am I?" You'll explore the connections among the **Human Seeming**—your Avatar, the Chart Ruler; the **Human Doing**—Mars, your experience of the character you play; and the **Human Being**—the Sun, your authentic Self, the actor giving life to the character. This quest will help you to up-level your character and increase your personal power.

The Human Game Experience: The City of Your Life

The Human Game Experience: The City of Your Life helps you to take full advantage of the multi-dimensional map of your unique birth chart so you can achieve anything you want in the external world. When you develop the neighborhoods in the City of Your Life, you create bigger and better experiences in your Plot-level story.

Think of each planet as a heavy-equipment construction vehicle. To upgrade a neighborhood, you need to operate the planet-vehicle in charge of that house in your birth chart. First, you must acquire enough fuel to operate the vehicle. Next, you must generate the resources—metaphorical construction materials—you will use to develop the neighborhood and store them in the local warehouses. Finally, you can use the stored resources to develop the neighborhood and work towards your external goal.

The Element of the planet-vehicle tells you **WHICH** kind of fuel you require and **WHICH** kind of resources you need to develop and maintain that neighborhood. The Modality of the planet-vehicle tells you **How** you manage your fuel resources and **How** you approach construction. The House the planet-vehicle occupies tells you **WHERE** you find fuel—specifically, which activities can generate resources and motivate you to pursue the goal.

Visit [PlayTheHumanGame.com](https://www.PlayTheHumanGame.com) to get started!

**Watch the video to learn more about The Human Game Experience:
The Quest for Happiness**

I'll walk you through exactly what the 8-week program entails so you know precisely what to expect. I offer the program several times a year and space is limited. If registration is not open, you can sign up to be notified in advance of the next program.

Register for the FREE Human Game Introduction Class

The Human Game Introduction class is a series of free videos that explore the Human Game philosophy. These videos are a great way to become familiar with the Human Game, and to discover how much fun you can have when you begin to notice the patterns of story in your life.