

Mercury: The Storyteller

Mercury is the Archetype of the Storyteller. Most people underestimate the power and importance of story. Your life and all of your experiences are nothing but a story. You are immersed, engrossed, and transported by the story. The story seems utterly real, and yet no matter how real the story appears, it is, underneath, merely a story. What you experience as real is nothing but a collection of well-chosen words declaimed by an expert Storyteller.

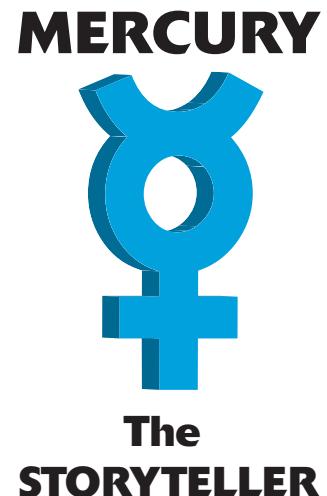
Story is what drives you. Story is what you live for. And yet, as important as story is, you seldom give any thought to the Storyteller. For there to be a story, there must be one outside of the story, one who tells the tale, and lies the lies, and transports you with words and images to far-away worlds. Mercury is the part of you that tells the story. Mercury is the voice in your head that narrates your life. And Mercury is the part of you that convinces you that everything you experience is absolutely real. Mercury is the part of you that lies and convinces you those lies are true.

Mercury and Your Chart

Mercury rules every house in your chart with either Gemini or Virgo on the cusp. The house or houses that Mercury rules show the areas of your life that dominate your story and your “little r” reality. The house that Mercury occupies is the setting where your “little r” reality and your “little s” story plays out. You rely heavily on the resources of this house to create your “little r” reality and to understand and communicate within your reality.

Mercury is your story.

Reality is subjective. No matter what you experience, it always feels real. When you dream, it feels real. When you wake up, that’s real too. You know something is real because you tell yourself it is. Everything you experience in your “little r” reality is a story. It’s all made up of words. Your story is one of the most important and the most challenging Universal Puzzle Pieces to grasp. When you understand the shape of this puzzle piece, and orient it the right way, you understand the truth that your story creates everything in your “little r” reality, and that you are the author of your story. Your thoughts are your story. What you think becomes real through the expression of the Law of Attraction.



You long to answer the call to your greatness, escape the confines of your “little s” story and become the hero of the “Big S” Story of your life. Your “Big S” Story is engaging, exciting, compelling, and endlessly entertaining, while your “little s” story is tedious and uninspiring. The difference between the two is that your “little s” story is just *real*, but your “Big S” story is *true*. Nothing in your “little s” story is about what it appears to be about. Everything in your reality is a metaphor that contains hidden depths of meaning. When you question your story, you can discover the truth that will give your life meaning and purpose.

Every story consists of both content and context. The content is the narrative or the sequence of events. Without the context, however, the content has no meaning. When you question your story, you’re not evaluating how *real* it is; you’re evaluating how *true* it is. Greater levels of truth always represent better-feeling thoughts. When you question the story, you expand the context. The content of the story remains the same, but the meaning of it transforms, and what once caused you to feel stress and discomfort now makes you feel happy.

Your story in First Kingdom

When you experience your story from First Kingdom, it’s all “little s” story, and it all takes place in Victim Consciousness. The story is a tragedy, filled with conflict, strife, competition, suffering, and without any expectation of a happy ending. You only believe the external appearances, and you accept the literal meaning of the events. You long for meaning and purpose, but you can’t find any, no matter how hard you look. Worst of all, you don’t believe that you have the power to influence or change your story in any meaningful way.

Your story in Second Kingdom

When you step into integrity in Second Kingdom, you reclaim your power and you accept that you can, in fact, influence the events in your story. For the most part, you still accept the genre and the structure of your story, and this limits your options. But you are able to take an active role within the limits of the reality of your story, making new choices and pursuing new adventures. As long as you’re willing to invest the time and energy, you can accomplish any goal you choose. And the more you take an active, conscious role in the narrative of your story, the more you find a sense of meaning and purpose. You begin to pursue the truth of your “Big S” Story that calls you to your greatness.

Your story in Third Kingdom

When you operate from the Spiritual Realities of Third Kingdom, you begin to understand the full implications of the Law of Attraction. You are no longer limited to making changes within the story itself. By shifting your attention and your consciousness, you can transform the entire context of your story. You can change genres entirely, and access a universe of possibilities that were unthinkable from within the limitations of your story. You barely notice the “little s” story of your life because you are so connected to the truth of your “Big S” Story. Everything you experience in your “little r” reality is a symbol that can lead you to a greater experience of the truth. In Third Kingdom, when you change the words, you really do change the world.

Mercury is your understanding and communication.

Not only is Mercury your story and your “little r” reality, Mercury is also how you understand and communicate that reality. As ever, what you long for is a personal understanding of truth, but without help, human beings lack the ability to differentiate truth from reality. We can’t tell the difference between appearance and essence. As Dr. David Hawkins once quipped, Little Red Riding Hood had the same problem.

When you communicate, you look outside of yourself to validate your subjective experience of reality in the hopes that you can verify its level of truth. But you can only understand truth by fitting it in the context of your subjective “little r” reality. When you attempt to communicate, you must translate your subjective experience of reality into an objective language, and hope that the words you choose successfully transmit your meaning to others. The problem with communication is that the words can only convey the objective content of the message; they can’t always include the context that clarifies the intended meaning of the message. When someone receives the message, they have to decode it through the filters of their own “little r” reality to understand it. When you receive communication from others, you do the same thing. The problem, and the source of most miscommunication, is that not everyone uses the same filters or has the same subjective experience of reality.

To communicate effectively, you must first make sure that everyone is on the same page and is filtering the message through a similar context of reality. This makes it possible for everyone involved to share an understanding of the message, and through discussion and negotiation, it then becomes possible to agree on a shared perception of reality. Unfortunately, this still does not validate the truth of that reality. The more people who agree with something, the more real it becomes, but truth is objective and unaffected by popular opinion.

Your understanding and communication in First Kingdom

When you attempt to understand and communicate from First Kingdom, you focus entirely on the content, and ignore the original context. You view the external appearance, and interpret it through the filter of your personal, narcissistic feelings and emotions. You will always find some way to take it personally and make it all about you. You find it virtually impossible to accept the validity, or even the existence, of other points of view. You can’t understand anything that doesn’t fit within your current, personal, and limited experience of reality. And you are compelled to defend your point of view. You have to believe that you are right and everyone else is wrong, because you do not know how you could continue to function if you had to question anything about your “little r” reality. You isolate in a bubble and surround yourself with other people who agree with you, have the same filters, and reinforce your idea of reality. This is precarious because you’re creating a reality that lacks truth. That uses force, which consumes energy. The minute you stop reinforcing your beliefs and perceptions, they will come crashing down around you.

Your understanding and communication in Second Kingdom

When you understand and communicate from Second Kingdom, you consider both the content and the context. You begin to appreciate that reality is subjective, and that your point

of view is not the only point of view. You also begin to accept that your point of view is not automatically right or true. But the biggest shift in Second Kingdom is that you become willing to accept that you could be wrong. You are willing to adjust your beliefs, perceptions, and understanding as you receive new information that expands the context and changes the meaning of what you perceive and experience.

Your understanding and communication in Third Kingdom

When you understand and communicate from Third Kingdom, you focus more on the context than on the content. You instinctively recognize that every communication has a deeper meaning, and you automatically look beyond the outer appearance so you can find the inner essence. You appreciate the difference between *knowing about* something and *knowing* it. When you know something, you embody it. And when you spend time in Third Kingdom, you begin to know truth. You may not be able to express or communicate it, but when you understand the truth, it's obvious to you. It lives in you, and you no longer feel the need to confirm it with outside opinions.

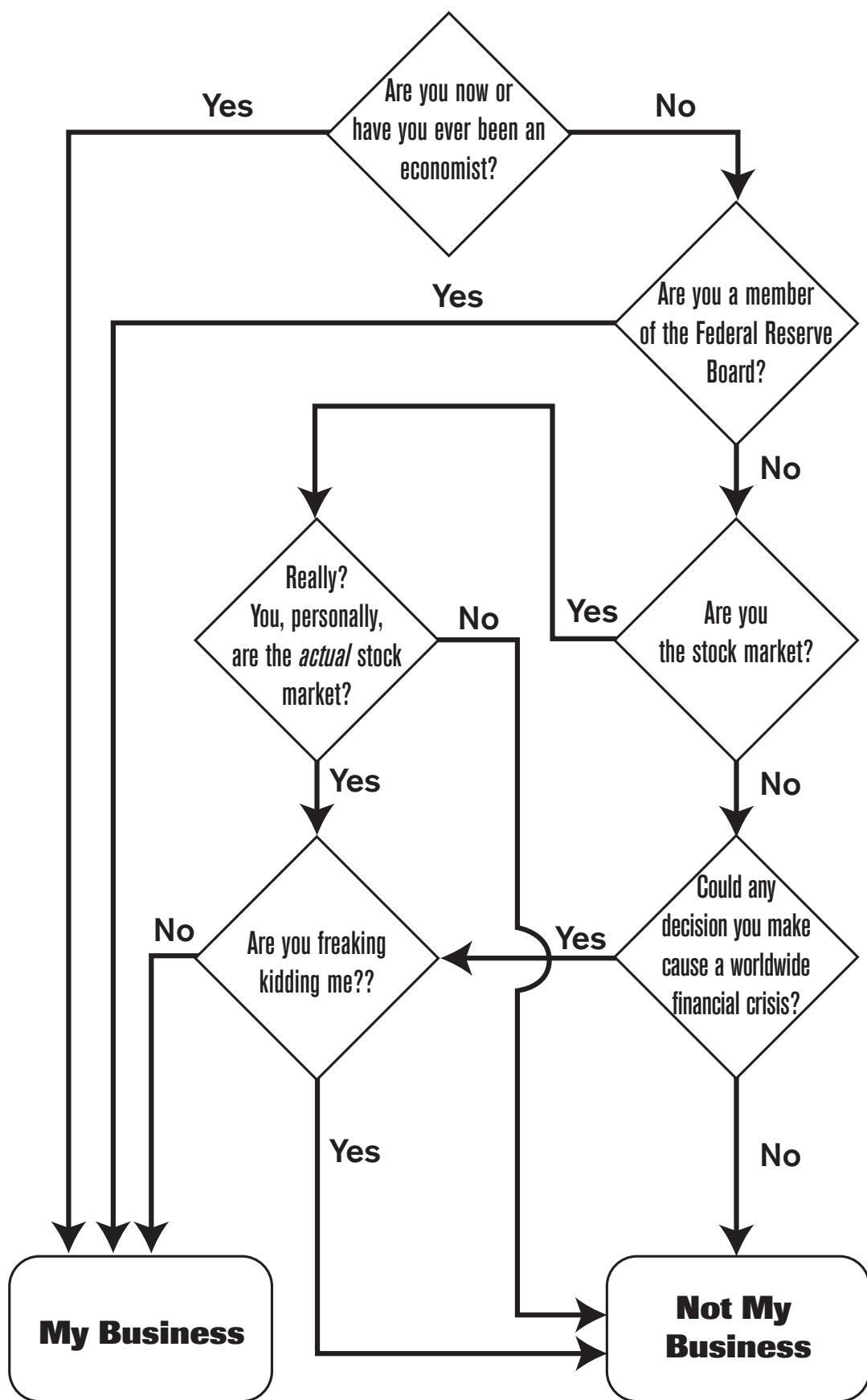
Spiritual Practices for Right Relationship with Mercury

Moving into right relationship with Mercury requires that you learn to question your story and your perceptions of reality. The objective is to elevate the truth quotient of your reality wherever possible. The first step in this process is playing **Whose Business Is It?** Any part of your story that is not your business is not true. When you question your story and drop every part of the story that **does not directly affect you, isn't your responsibility, and is beyond your ability to influence or change it**, what remains of your story will have some level of objective truth.

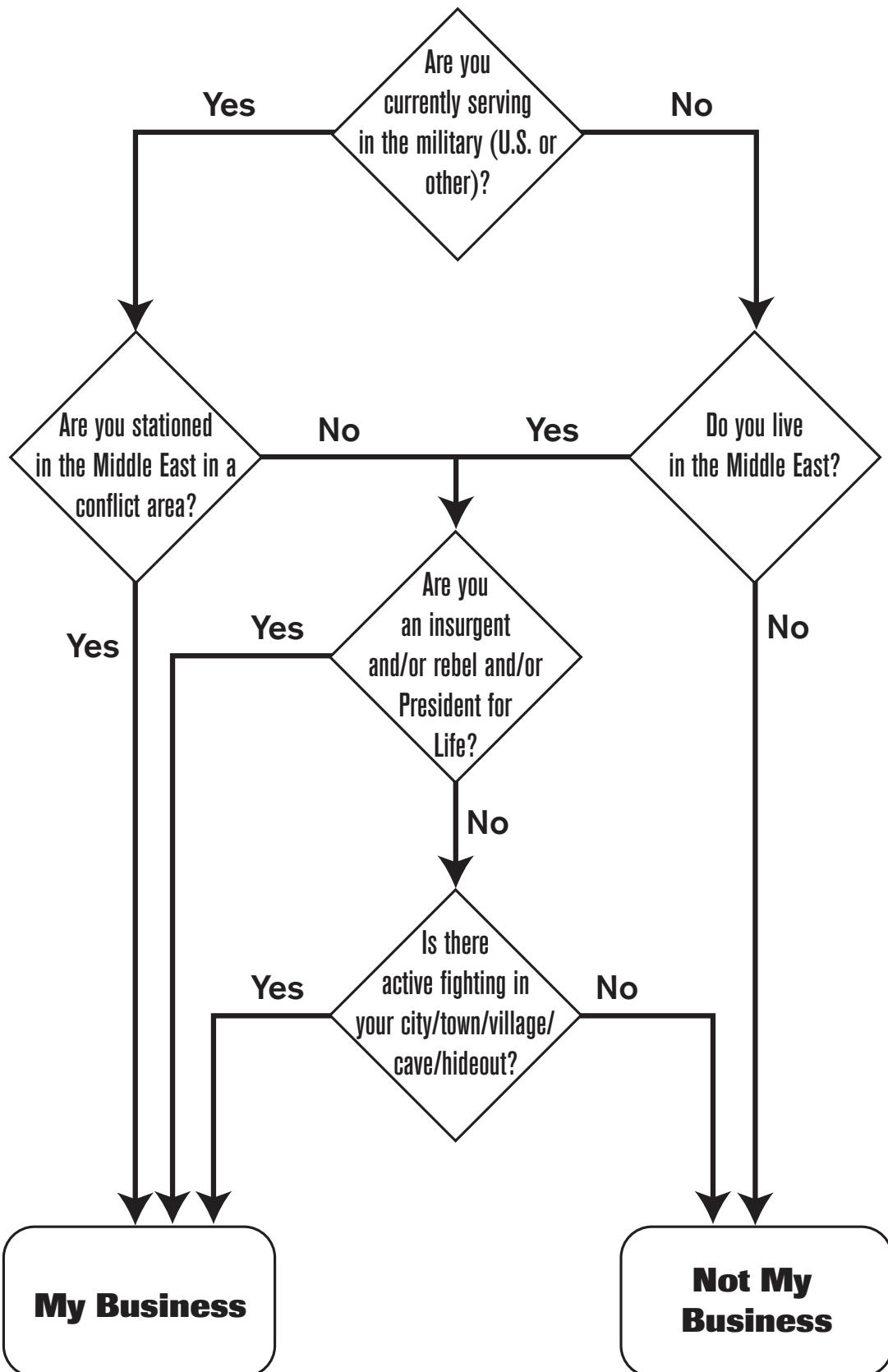
When you limit your story to My Business, you stay out of First Kingdom/Victim Consciousness and operate from integrity. At this point, the answer to the question, "Is it true?" is yes, and that's extremely important. It's not the end of the process, though. You can continue to question your story, and further elevate the truth quotient by asking, "How true is it?"

The flow charts on the following pages, reprinted from *Anger Mastery: Get Angry, Get Happy*, illustrate how to play **Whose Business Is It?** The complete instructions begin on page 17 of Part 1 of this workbook, and you can watch the pilot episode of the game show, *Whose Business Is It?* on the Mercury class page.

Is the Economy My Business?



Is the Conflict in the Middle East My Business?



Is the Government My Business?

