

# Mercury in Taurus

**T**he sign that Mercury occupies shows the language you speak to understand, communicate, and narrate the story of your “little r” reality. The element of the sign is the dominant language and gives specific guidance about how and why you tell your story. The sign itself is a dialect of that language and provides additional, more specific information about how you attempt to understand and communicate.

## JOURNAL QUESTIONS & INSTRUCTIONS

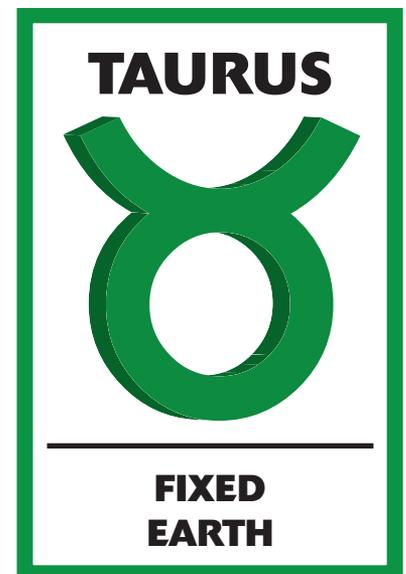
**Read the descriptions below, and then go back and revisit each of the earlier journal questions. Review your answers, and then expand on them, incorporating the new information about the language you speak. Focus on how and why you express Mercury.**

## Mercury in Earth Signs

With Mercury in an Earth sign, you understand and process information through the physical and material realm. You need a tangible, practical, objective experience to understand things. Ideas require form and structure, and the more the better. You build your understanding of the world and your “little r” reality sequentially, gradually adding pieces to the puzzle until you have something solid that you can grasp and consider. Your story is objective: it’s focused on the essential content and the internal reality of what happened.

Your communication is also focused on the practical and tangible aspects of reality. Above all else, you view the world and interact with your story from an objective and impersonal perspective. And yet, you also need to convey your unconscious and internal experiences because the essence is often different from the surface appearance. This is a tall order for Mercury, because words tend to address the external appearance rather than the internal essence.

This tangible, practical, sequential, and concrete approach to reality can slow down your thought process. You may find it difficult to process information that is too subjective or personal, especially if that information is emotionally charged. But even when you receive rational, objective information, you accept it provisionally. You need time to go within and verify the essence.



## Mercury in Taurus

Mercury in Taurus tells a story of the natural cycles of the Universe. Everything in this story has a season, and each season is described in rich and sensual detail. There is not only time to stop and smell the roses, the smell of the roses is what gives meaning to the story itself. The major themes of your story involve safety, security and abundance. Fear is the biggest challenge for Mercury in Taurus. Because the focus of the story is on the world of form, Mercury in Taurus can create attachments to appearances, confusing what is real with what is true. Fear of change and ultimately fear of death can cause you to fall out of alignment with the natural cycles of creation.

When you are in Right Relationship with Mercury in Taurus, you are free from the limitations of time. Time, as a linear constraint, is not a big part of your story. You are aware of the Present Moment and all that it contains, and you are aware that everything in your “little r” reality is governed by the natural, universal cycles of creation. The apparent speed of these cycles is of no interest to you because you appreciate the perfection of what is at each moment of each cycle. When you align with and surrender to these cycles, you release all attachments to form and appearances. You tend your “little r” reality as a farmer tends his crops, taking action only when necessary. You are slow to react or to comment on your “little r” reality because all form is transient. You are patient and always seek greater context and greater understanding before you make changes to your story. Deeper contemplation always reveals the truth behind what is real. You are powerfully connected to your Core Values, and these are what give meaning and context to your story. You are willing to consider other people’s opinions and suggestions, but what others think of your story is none of your concern. You experience safety, security and joy in your life because you live in absolute sufficiency. Your needs in each moment are always met, easily and effortlessly.

When you are out of alignment with Mercury in Taurus, the fear that there is not enough time drives every aspect of your story and your “little r” reality. Because you operate entirely through your “little s” self and have no connection to your “Big S” Self, you confuse what is real with what is true. You create powerful attachments to the world of form, and devote all of your attention and resources to avoiding the inevitable decay and death of everything. You instinctively resist any and all change, because you associate change with death. No matter how uncomfortable or unpleasant your “little r” reality becomes, you adamantly resist any attempts to change your story. You regard every new idea as a personal attack and a judgment of your worth and value as an individual. You are deeply suspicious of anything new, and spend considerable time and energy reliving the past, selectively altering your story to heighten the nostalgia. Because you live in the past and spend no time in the Present Moment, you are never able to experience happiness. The most you can do is look to the past, assume that you were once happy, and regret that you failed to appreciate it at the time. Your life may become cluttered with old junk that you cling to because of its sentimental value.