

Mars in Aquarius

The sign that Mars occupies shows the language you speak to experience and express anger, and also to define and express your “little s” self. The element of the sign is the dominant language and gives specific guidance about how and why you take action. The sign itself is a dialect of that language and provides additional, more specific information about what you desire, why you take action, and how you encounter anger.

JOURNAL QUESTIONS & INSTRUCTIONS

Read the descriptions below, and then go back and revisit each of the earlier journal questions. Review your answers, and then expand on them, incorporating the new information about the language you speak. Focus on how and why you express Mars.

Mars in Air Signs

With Mars in an Air sign, you connect with your ego and your “little s” self on the mental, social, and intellectual plane. Your personal sense of self is a collection of ideas, abstract concepts, and stories, and these guide how you take action and expend energy in the world. Because the language of Air is so concerned with outer appearances and conscious reality, words are extremely important to you. You define yourself through labels, and you behave accordingly. Your ego relies on the world being objective and rational, presenting you with clear, unambiguous choices. You care about content but not context, and this can be challenging.

Without context the objective reality is that there are always multiple options. And the moment you choose option A, you have to relinquish option B. This wouldn’t be an issue if you truly desired either option A or option B, but most of the time what you desire is having options. You prefer having options to making choices. But Mars needs to focus to function. There’s a limit to how long you can keep your options open before you’re forced to make a choice.

Your anger is also abstract and intellectual. You will be triggered by ideas and ideals rather than by emotions or experiences. In part because your ego identity is comprised of abstract concepts and definitions, you will defend your perceptions. Your battles will be on the mental,



social, and intellectual plane, and words are your weapons. You need to prove that you are right, that your perceptions and observations are correct, and that other people's are wrong.

Mars in Aquarius

Mars in Aquarius takes action to protect the integrity of society and to benefit humanity. He is very aware of the consequences of his actions: the ripples from a single pebble impact the entire body of water. In general, Mars in Aquarius prefers doing things that benefit aspects of society, knowing that as an equal member of society, he will also benefit. When defending, Mars in Aquarius will shift the context, taking the fight to the abstract realm rather than the physical. When attacking, Mars in Aquarius is fueled by righteous anger. This can make him a very dangerous opponent because when fighting for the greater good, it's easy to rationalize individual casualties. This is the biggest challenge for Mars in Aquarius. Deep down, he struggles with shame, believing that he is not worthy of being loved or accepted by others. To avoid this pain, he moves into "Other People's Business," and can become trapped by anger and pride.

When you are in Right Relationship with Mars in Aquarius, you act out of enlightened self-interest. You know that because your "Big S" Self is connected to all of creation, anything that benefits you, personally, also benefits all of humanity. When you raise the level of the water, it elevates every ship at sea. By the same token, when other people pursue their good, it benefits you. This understanding of how you as an individual relate to the rest of humanity keeps you within the confines of "My Business." When you live your life in integrity and take authentic, inspired action, you fulfill your responsibilities to yourself and to society. Integrity and accountability are key, however. You know that freedom is not anarchy, and that you must act within the boundary of the law. You are often inspired to act in support of others, contributing to society in tangible ways. You don't participate in these causes to be accepted or validated, nor do you step out of "My Business," and fight on behalf of others. You choose to become involved because that choice was the best-feeling thought currently available to you.

When you are out of alignment with Mars in Aquarius, your motivation for taking action is murky at best. You believe that your survival depends on being validated and accepted by others, but you fear that you are fundamentally unworthy. You adamantly insist that everyone in the group is equal in every way. If individuals are recognized for their specific contributions, you fear you may be overlooked, or worse, ostracized. You believe that the only way to be accepted by the group is to adopt the values of the group and deny your own needs. This creates tremendous anger and resentment, which you may express through rigid enforcement of the rules. You distract yourself from your pain by moving into "Other People's Business." You project your anger and resentment on your "little r" reality, and find a cause to champion where you can right a wrong and address an injustice. Because you believe no one will ever stand up for you, you fight for the rights of others, protesting vociferously. Your efforts are almost always in vain, because you employ force, rather than power.