

Mars in Taurus

The sign that Mars occupies shows the language you speak to experience and express anger, and also to define and express your “little s” self. The element of the sign is the dominant language and gives specific guidance about how and why you take action. The sign itself is a dialect of that language and provides additional, more specific information about what you desire, why you take action, and how you encounter anger.

JOURNAL QUESTIONS & INSTRUCTIONS

Read the descriptions below, and then go back and revisit each of the earlier journal questions. Review your answers, and then expand on them, incorporating the new information about the language you speak. Focus on how and why you express Mars.

Mars in Earth Signs

With Mars in an Earth sign, you connect with your ego and your “little s” self on the physical and material plane. Your sense of self is quite literally anchored in your physical body and based on your internal, unconscious, objective, and sequential experiences of reality. You define yourself based on feelings and experiences. You have a strong connection to your internal essence, but your understanding of that essence is literal, sequential, analytical, and entirely left-brained. You lack an appreciation of context, and you assume that your personal experience of reality is objective and universal.

Your desires are practical and tangible, and while they're motivated by your internal, unconscious feelings, you always have an objective, rational, impersonal justification for why you want what you want. Your anger is also impersonal and objective. You have logical, sequential, rational reasons for your anger, although you are not naturally inclined to express that anger because it's also unconscious and internal. However, when you do experience anger, you're apt to believe that it's obvious and clearly justified. You reject or deny any personal or subjective motivations behind your anger.



Mars in Taurus

Mars in Taurus wants to take steady and methodical action. He likes his routines, and wants nothing more than to know that he is making continuous progress towards his long-term goals. Mars in Taurus has tremendous inertia. On the one hand, this means that once he gets moving, he is a force to be reckoned with. On the other hand, this means he has difficulty shifting gears or changing direction. Mars in Taurus' idea of an attack is a siege. He is primarily a defensive Warrior, preferring to dig trenches and build barricades. He is slow to attack, but when he does, he can do massive damage. You only get one shot from a catapult, and it takes time and effort to prepare, but when it flies, watch out. Mars in Taurus can easily become trapped at the consciousness of fear, especially when confronted with change. Mars in Taurus can become very attached to keeping the status quo in your "little r" reality.

When you are in Right Relationship with Mars in Taurus, you carefully consider your options, and you never act impulsively. Because your actions are in alignment with your Core Values and your Personal Standards of Integrity, they are tremendously powerful. You always seek to be in harmony with the natural flow of the Universe because it's much easier to row downstream and it is to row upstream. When you do choose a course of action, you have the stamina and dedication to see it through. Your connection to the natural cycles of the Universe makes you flexible. You understand that conditions and contexts change, and sometimes you will need to correct your course. An action that was appropriate in one context may no longer be appropriate in another. Most importantly, you understand that your actions do not create or sustain your "little r" reality. You act when it's appropriate to act, and the rest of the time, you allow the Law of Attraction to run things for you. You are confident that when further action is appropriate you will be inspired to act. Your job is to plant and tend the seeds. Your participation is not required to make the seeds grow.

When you are out of alignment with Mars in Taurus, you engage in driven behavior. You expend tremendous energy and see little or no return on your investment. You lose touch with the Present Moment, and fear that you are not doing enough. You worry that things take too long to move into form. You are tremendously impatient, and believe that if you work hard enough, you can plant the seeds and make them grow faster. You feel trapped and limited by the physical world. Your sense of time is distorted: you alternate between having too much time and being bored, and feeling that there's not enough time to do the things you want to do. You believe if you expend enough energy, you can speed things up. This only creates more frustration. Your impatience and frustration become anger, which you stuff, deny, and repress until the pressure becomes unbearable and you explode at unexpected moments. Once you choose a path, you stick to it, no matter what. You stubbornly resist any change or alteration to your original intention, even when your values shift. You end up pursuing a goal that no longer matters to you, and neither the journey nor the destination will bring you satisfaction or happiness.