

# Mars in Aries

**T**he sign that Mars occupies shows the language you speak to experience and express anger, and also to define and express your “little s” self. The element of the sign is the dominant language and gives specific guidance about how and why you take action. The sign itself is a dialect of that language and provides additional, more specific information about what you desire, why you take action, and how you encounter anger.

## **JOURNAL QUESTIONS & INSTRUCTIONS**

**Read the descriptions below, and then go back and revisit each of the earlier journal questions. Review your answers, and then expand on them, incorporating the new information about the language you speak. Focus on how and why you express Mars.**

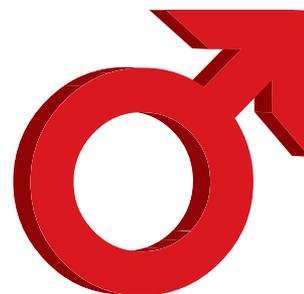
### **Mars in Fire Signs**

With Mars in a Fire sign, you connect with your ego and your “little s” self on the spiritual plane. You are inspired to reveal your conscious truth. Your personal identity is based on a collection of external, conscious ideas that are also subjective and personal. You are aware of how you appear, and how others view you—specifically based on your actions and self-expression—and you form associative connections to create an inner context of your personality.

Your desires are immediate and of the moment. You first notice the external, expressive appearance of something, and then you make subjective, associative, personal connections to it, which results in the desire to obtain, acquire, or embody that experience. You care about the truth of the experience, but because you mainly recognize the external qualities, when you get what you want, you may be disappointed when the external appearance doesn't represent the essence.

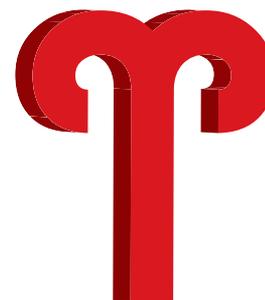
Your anger is subjective, personal, and associative, and based on abstract, external appearances and thoughts. This can make your anger quite volatile because the personal associations allow it to jump from one idea to another, spreading like wildfire. The external, expressive qualities of the language of Fire mean that you will need to vent your anger, directing it at the outside world, even though the true cause of your anger is within you.

**MARS**



**The  
WARRIOR**

**ARIES**



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**CARDINAL  
FIRE**

## Mars in Aries

Mars in Aries wants to take action now. He wants what he wants when he wants it, and has no concept of delayed gratification. On the plus side, this means Mars in Aries is usually centered in the Present Moment. When taking action, Mars in Aries always chooses the shortest, most direct path between point A and point B, even if that path does not exist yet. When attacking or defending, Mars in Aries is elegant and efficient. He is direct, forceful, and delivers maximum impact with minimum effort. Mars in Aries is at his best, however, when he is following orders from higher up the chain of command. When left to his own devices, he can inflate with self-importance and fall victim to pride and arrogance. Mars in Aries must always remember that the source of his power comes from the “Big S” Self, not the “little s” self.

When you are in Right Relationship with Mars in Aries, you consistently take right action in all things. You are conscious of how you focus and direct your energy. Because you align with power rather than with force, you act when inspired. When you want something, you channel and direct the energy of desire so that it connects with one of your Personal Standards of Integrity. This expands the context of your intention beyond the limits of form so that it becomes an expression of your “Big S” Self. Aligning with this greater truth is what allows you to cross boundaries and blaze trails without creating conflict and resistance. Because you approach each challenge with a single-minded perspective and a child-like innocence, you are often able to find elegant, direct solutions to complicated situations. You channel and direct the energy of anger in the same way that you direct the energy of desire. Anger is a call to awareness, not a call to action. You understand that anger arises because something in your “little r” reality is untrue. You stoke the fire of your anger, using it to temper your sword and focus your awareness. And when it is time for you to act, you defend without attacking, using your sword to cut away the illusions to reveal only the greater truth.

When you are out of alignment with Mars in Aries, you believe that you take right action in all things, because as far as your “little s” self is concerned, any action you take is automatically right. Since you act from force and not from power, your actions create conflict. You dismiss and ignore these consequences by telling yourself that your choices are automatically right, so everyone else’s choices are obviously wrong. Your “little s” self inflates with self-importance and pride each time it’s proven right; however, pride is inherently weak, and you must constantly defend yourself. Rather than being centered in the Present Moment, you project into the future so that you can be better prepared to defend against the coming attacks. You take constant action, and yet no matter what you do, you never seem to get any closer to the things that you want. Desire and anger require immediate responses, and you impulsively react to every perceived threat, and then react again to the consequences of your actions. When you engage in a conflict, it’s not enough for you to resolve the situation. You must defeat your opponent so that everyone knows you are the victor, and it’s obvious that you were right all along.