

# The Moon in Pisces

**T**he sign that your Moon occupies shows the language you speak to meet your subjective safety needs and operate your Emotional Guidance System. The element of the sign is the dominant language and gives specific guidance about how and why you express your Moon. The sign itself is a dialect of that language and provides additional information, specifically about your subjective safety needs.

## **JOURNAL QUESTIONS & INSTRUCTIONS**

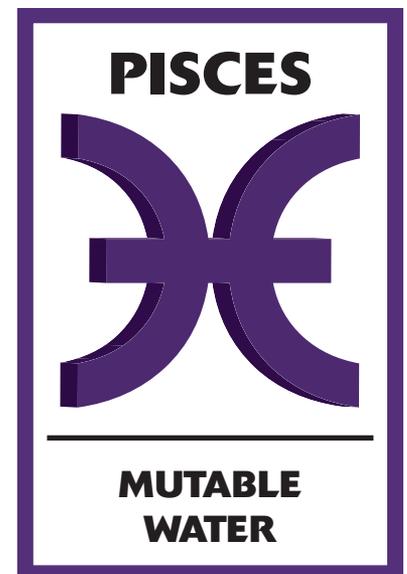
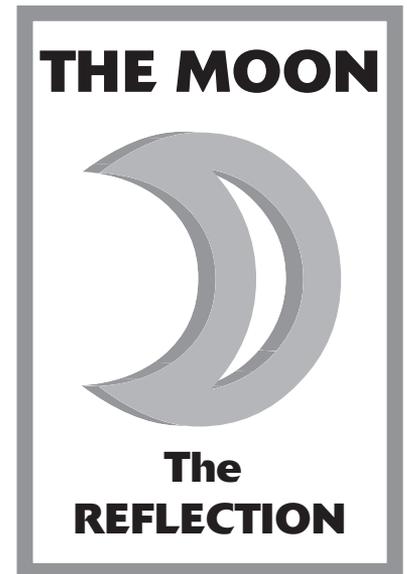
**Read the descriptions below, and then go back and revisit each of the earlier journal questions. Review your answers, and then expand on them, incorporating the new information about the language you speak. Focus on how and why you express the Moon.**

## **Moon in Water Signs**

With the Moon in a Water sign, you have a Water Safety Checklist. You need emotional and energetic connections to feel safe. In every situation, you must have a clear, concrete understanding of what you are feeling. You use these feelings to evaluate the situation and consider how it affects you, personally. The feelings themselves do not have to be pleasant for you to feel safe; they merely have to be familiar. You create a context for your safety by associating what you feel at the moment with similar feelings you've experienced in the past.

This can become challenging when you connect with emotions as well as with feelings. Emotions are feelings with stories attached to them, and even though these stories may have little to do with the current situation, they can often color it through association, complicating the safety evaluation. If the feeling is familiar, it's subjectively safe, so it won't drain your Safety Need Account. But if the feeling is associated with an emotion or story of a time when your needs were not being met and you felt unsafe, that association will cause you to feel unsafe.

Without some kind of emotional anchor, you will feel subjectively unsafe and even threatened. The more objective, abstract, rational, and impersonal a situation is, the less safe you feel. Words alone are not enough for you to feel safe. You need to understand the subtext, the context, and what is being communicated beneath the surface.



## The Moon in Pisces

The Moon in Pisces feels safe when she is connected to all of creation, breathing the one breath. She is nourished and nurtured by the energetic connections she experiences with the Universe. Safety for the Moon in Pisces is unity. The Moon in Pisces feels threatened by boundaries, because they disrupt emotional connections and create a sense of separation. She also feels threatened by focused, intense emotional connections. When threatened, either by being limited and restricted or by a violation of her own boundaries, the Moon in Pisces dissociates. She attempts to leave the physical body and retreat to the safety of the spiritual realm. The Moon in Pisces experiences the full range of feelings, although she prefers the higher levels of consciousness: the denser vibrations of the world of form are uncomfortable. The challenge for the Moon in Pisces is to integrate spirit and form. Without this balance, the Moon in Pisces can become trapped at the level of anger, unable to express or channel it.

When you are in Right Relationship with the Moon in Pisces, you are a presence of compassion and healing in the world. As you inhale, you draw in pain and negativity from your environment; as you exhale, you transmute and release it. Everyone you encounter feels better for being in your presence, because you instinctively and intuitively ease the burden of his or her suffering. You easily interact with the world of form and your “little r” reality, but you stay connected to the deeper truth of the spiritual world. You create no attachments to form or appearances, because you know that what is *real* is not necessarily what is *true*. You adjust your vibrational frequency so that you transform the negativity you encounter without experiencing it yourself. You stay anchored in the Present Moment and the confines of “My Business.” This helps you to maintain appropriate boundaries, which allows others to feel safe in your presence. You surrender each experience, allowing the truth of love to transform your “little r” reality.

When you are out of alignment with the Moon in Pisces, you also draw in the pain and negativity from your environment; however, you do not release it. You unconsciously take in other people’s suffering and experience it as your own. This pain and negativity makes you feel extremely unsafe, so you dissociate your consciousness from your physical body as much as you can. Because you spend so little time in the Present Moment, connected to your physical body, you are unable to maintain appropriate boundaries. These boundaries would protect you from experiencing the pain and negativity in the first place. You attempt to bypass the pain and suffering by convincing yourself that it is noble. When you take on other’s pain, you help heal them. You are not a victim: you are a martyr. Martyrdom is still part of First Kingdom, however, and as long as you attach to this belief, you deny your true power, and you will never feel safe. The real challenge is that you may be completely unaware of any of this. Because you have spent so much of your life taking on other people’s pain, you don’t realize there’s any other way to be. You believe what you experience as real is also the truth. In the rare instances when you encounter someone with strong boundaries who refuses to let you merge with his or her energy field, you feel isolated, alone, and even less safe. Suffering is not pleasant, but it is familiar. It may drain your Safety Need Account, but at least it does so slowly.