

The Moon in Aquarius

The sign that your Moon occupies shows the language you speak to meet your subjective safety needs and operate your Emotional Guidance System. The element of the sign is the dominant language and gives specific guidance about how and why you express your Moon. The sign itself is a dialect of that language and provides additional information, specifically about your subjective safety needs.

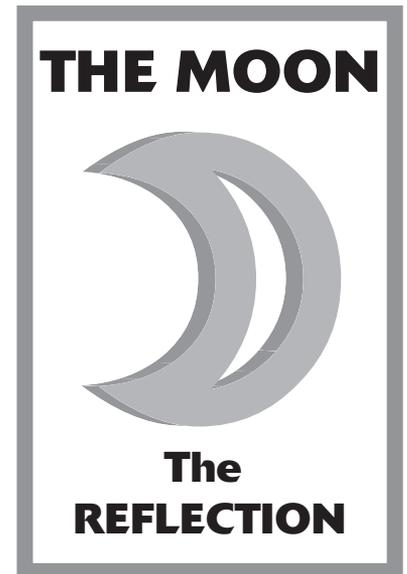
JOURNAL QUESTIONS & INSTRUCTIONS

Read the descriptions below, and then go back and revisit each of the earlier journal questions. Review your answers, and then expand on them, incorporating the new information about the language you speak. Focus on how and why you express the Moon.

Moon in Air Signs

With the Moon in an Air sign, you have an Air Safety Checklist. You need to have an abstract, objective, intellectual understanding of the situation to feel safe. Words are exceptionally important to you because you are primarily concerned with the impersonal, external appearance of reality. If you can describe and define a situation (or at least how it appears), you can believe that you understand it, and once you understand it, it's no longer subjectively threatening. Effectively you can feel safe by *telling* yourself that you are safe. Of course, this works both ways: if you tell yourself you are not safe, that will also become your reality.

Because you rely so heavily on objective, external, abstract appearances, emotions will be especially challenging for you. Emotions and feelings operate beneath the surface, and often defy clear, logical categorization or definitions. They are irrational, personal, and unconscious, and therefore subjectively unsafe for you. The deeper and more sustained the emotion, the greater the level of discomfort, and the more it will drain your Safety Need Account.



The Moon in Aquarius

The Moon in Aquarius feels safe as long as she is an equal, accepted and rightful member of society. Safety for the Moon in Aquarius comes from a combination of social equality and individual freedom. So long as the integrity and structure of the social group is protected, all members of the group will be safe. When the group dynamic is disrupted, however, the Moon in Aquarius feels threatened. An individual on his or her own cannot possibly survive. When threatened, the Moon in Aquarius retreats to the abstract, mental and theoretical realms. She avoids and suppresses all emotions and feelings, and relies on pure logic and reason to restore the rules and repair the structure of the group. The Moon in Aquarius prefers to avoid the denser emotions, and is most comfortable with pleasant and social feelings. The biggest challenge for the Moon in Aquarius is not to create attachments to being validated by others. This can bring up feelings of shame and the belief that you are unworthy of being loved. To avoid this pain, you may step into “Other People’s Business” or “God’s Business” where you become trapped at the levels of anger and pride.

When you are in Right Relationship with the Moon in Aquarius, you have a deep understanding of how you, personally, contribute to humanity. You make a valuable contribution to each group, and in return, you receive the benefits of being a member of the group. You feel safe because you appreciate your inherent worth as an individual. You cherish freedom, and recognize that freedom is not anarchy. The purpose of society is to provide rules and boundaries that support each individual’s ability to express the “Big S” Self in ways that do not affect or limit other people’s ability to express. This is always just, but it is not always fair. Because you stay anchored in the Present Moment and live within the confines of “My Business,” you feel no inclination to judge or to interfere with anyone else’s experience. Freedom includes the right to choose suffering and to experience pain. When you observe this, you respond with compassion. You know that you make the greatest possible contribution to humanity by staying in integrity, and choosing to be kind, loving, and forgiving to everyone, unconditionally.

When you are out of alignment with the Moon in Aquarius, your sense of self-worth is based on how accepted and appreciated you are by others. You believe that there is safety in numbers, and that you cannot survive without the protection of the group, because you fear that as an individual you are not worthy of being noticed, let alone of being loved. Because you view your “little r” reality through the limited context of your “little s” self, you do not understand the true relationship between individuals and groups. You identify the belief, value or quality that seems to define a group, and create a powerful attachment to it. So long as nothing ever questions or threatens this ideal, you believe you will feel safe. You identify completely with the group, and sacrifice your individuality, seeking a deeper connection. This distances you from your “Big S” Self and intensifies the feelings of shame that you harbor. You attempt to escape this pain by moving out of “My Business” and into “Other People’s Business.” You become obsessed with righting injustices in the world and fighting for the rights of the victimized and oppressed. In theory, you believe that if you address the suffering of humanity as a whole, then your suffering will also be addressed, and you will finally feel safe. Unfortunately, this does not work in practice.