

# The Moon in Scorpio

**T**he sign that your Moon occupies shows the language you speak to meet your subjective safety needs and operate your Emotional Guidance System. The element of the sign is the dominant language and gives specific guidance about how and why you express your Moon. The sign itself is a dialect of that language and provides additional information, specifically about your subjective safety needs.

## **JOURNAL QUESTIONS & INSTRUCTIONS**

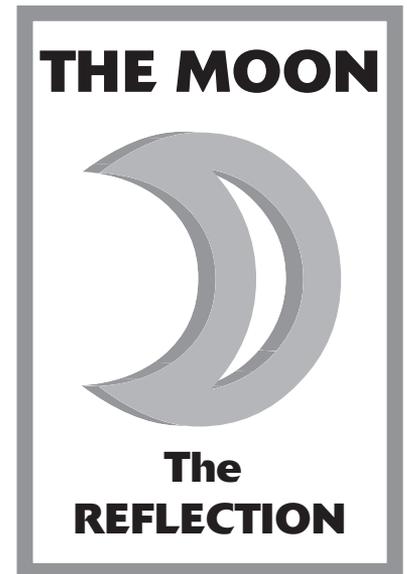
**Read the descriptions below, and then go back and revisit each of the earlier journal questions. Review your answers, and then expand on them, incorporating the new information about the language you speak. Focus on how and why you express the Moon.**

### **Moon in Water Signs**

With the Moon in a Water sign, you have a Water Safety Checklist. You need emotional and energetic connections to feel safe. In every situation, you must have a clear, concrete understanding of what you are feeling. You use these feelings to evaluate the situation and consider how it affects you, personally. The feelings themselves do not have to be pleasant for you to feel safe; they merely have to be familiar. You create a context for your safety by associating what you feel at the moment with similar feelings you've experienced in the past.

This can become challenging when you connect with emotions as well as with feelings. Emotions are feelings with stories attached to them, and even though these stories may have little to do with the current situation, they can often color it through association, complicating the safety evaluation. If the feeling is familiar, it's subjectively safe, so it won't drain your Safety Need Account. But if the feeling is associated with an emotion or story of a time when your needs were not being met and you felt unsafe, that association will cause you to feel unsafe.

Without some kind of emotional anchor, you will feel subjectively unsafe and even threatened. The more objective, abstract, rational, and impersonal a situation is, the less safe you feel. Words alone are not enough for you to feel safe. You need to understand the subtext, the context, and what is being communicated beneath the surface.



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To feel safe, the Moon in Scorpio seeks out emotional and spiritual connections that bare the soul. The raw power of these encounters dissolves the illusion of separation and reveals the truth that the “Big S” Self is inexorably connected to All That Is. The challenge is that these experiences are fundamentally unsafe. These experiences involve transcending the limits of the “little s” self, and as far as the ego/body is concerned, this is the same thing as death. When the Moon in Scorpio feels threatened, she will lash out, attacking with considerable force and accuracy, inflicting at least as much pain on others as she is experiencing. The Moon in Scorpio experiences feelings and emotions on a profound, deep and intense level. What matters is the essential truth and the soul of the experience. She has little interest in subtle, frivolous emotions. The challenge for the Moon in Scorpio is to learn how to channel and direct anger. Instead of lashing out, you must learn to use anger as a springboard to higher levels of consciousness.

When you are in Right Relationship with the Moon in Scorpio, you are virtually fearless. All fear originates from the ego/body’s fear of death. Because you have repeatedly faced and conquered this fear, you tap into tremendous power. Each time you drop your defenses and experience deep, profound emotional and spiritual connections with other individuals, you embody the truth of your “Big S” Self: you are an eternal, multi-dimensional expression of God. The process of training your “little s” self was undeniably intense. However, your repeated trips to the underworld to confront your demons is what gives you the ability to see through the illusions of what is real and connect with what is true. You still perceive threats in your “little r” reality, but you no longer react to them as if they are real. You simply recognize that they are a call for you to surrender. When you know the truth that God is your Source, you are truly invincible.

When you are out of alignment with the Moon in Scorpio, you live in a constant state of fear. You want nothing more than to feel safe, but you have no idea what true safety is. You spend little time in the Present Moment, and instead project into the past and the future. You believe that to feel safe, you must protect yourself from all threats. You recognize that you need emotional connections with others in order to survive, but you are terrified of betrayal, so trust is in short supply. You attempt to learn the truth about others without revealing any part of yourself. You fear the intensity and power of your feelings, and so you control and resist them. You cling to old wounds and old stories, harboring resentments and turning transient pain into ongoing suffering. The pressure of these repressed feelings builds and reaches the level of anger, which makes you feel even less safe. You know of no appropriate way to express your anger. If you let it out, you fear it will cause pain to yourself and to other people. This would make you feel guilt and shame, which would only make things worse. Your only choice is to direct it within, creating resentment, depression, and often, physical pain.