

# The Moon in Taurus

**T**he sign that your Moon occupies shows the language you speak to meet your subjective safety needs and operate your Emotional Guidance System. The element of the sign is the dominant language and gives specific guidance about how and why you express your Moon. The sign itself is a dialect of that language and provides additional information, specifically about your subjective safety needs.

## **JOURNAL QUESTIONS & INSTRUCTIONS**

**Read the descriptions below, and then go back and revisit each of the earlier journal questions. Review your answers, and then expand on them, incorporating the new information about the language you speak. Focus on how and why you express the Moon.**

## **Moon in Earth Signs**

With the Moon in an Earth sign, you have an Earth Safety Checklist. You need structure, boundaries, and a connection with the material world to feel safe. In every situation, you need to have an objective understanding of the internal essence. You need to know, on an internal, feeling level, what something is as it currently exists in reality. Once you have this fundamental understanding, you can orient yourself and address what needs to be addressed. Your approach to safety is sequential and methodical; you will feel threatened in situations that require intuitive leaps or creative, associative, personal connections.

You are generally comfortable experiencing your feelings and emotions, provided you can do so in a structured, orderly fashion.

You need to be able to identify each feeling as you experience it, and put it in its place, so you can maintain an objective relationship to it. As long as you can maintain your anchor, you can handle virtually any feeling or emotion. But if the flood of feelings sweeps you off your foundation and you are unable to contain their intensity, it will make you feel very unsafe.



## The Moon in Taurus

The Moon in Taurus experiences safety by connecting with the physical world. Safety to the Moon in Taurus means material security, stability, and comfort. A familiar, steady routine with slow, incremental growth is essential. What threatens the Moon in Taurus is change. When threatened, she will dig in her heels and stand her ground. She will defend her position, resisting all outside influences, and will even resort to outright denial. Feelings are a sensual, physical experience for the Moon in Taurus: they are deeply felt, and resonate slowly through the body. The Moon in Taurus can easily become trapped at the consciousness of fear, because she creates attachments to the material world. All loss feels like the loss of personal worth and value.

When you are in Right Relationship with the Moon in Taurus, you celebrate and enjoy the sensual pleasures of your “little r” reality without attaching to appearances. You live in awe and appreciation of the infinite beauty, comfort and abundance of the material world. You find joy and security in this realm, and yet you do not attach to it. You always remember the truth that you are not your ego/body. Everything that exists in form is temporary, but your “Big S” Self is eternal. When you experience change or loss, you take it in stride. You accept that everything has its season, and you appreciate that in order to make room for new pleasurable experiences, you must let go of some of the old, familiar ones. You are connected to the truth that the Present Moment contains everything you will ever need. You live in a state of joyous and grateful sufficiency.

When you are out of alignment with the Moon in Taurus, you experience a perpetual state of lack. You believe that your worth as an individual is tied to your resources, and you create powerful attachments to the world of form. You lose touch with your “Big S” Self, and mistakenly believe that you are your ego/body. Sensual comfort is very important to you, and you may create emotional attachments to food. Because you associate safety with your possessions, the things you own become extensions of who you are. Whenever you feel unsafe, you feel the urge to buy something new to make yourself feel better. Since you are operating from a consciousness of lack, however, the more you own, the less safe you feel. The more you own, the more you have to protect. The fear of loss makes you feel less safe, which drives you acquire more. You live in the past and the future, hoarding and acquiring things, but never spending time in the Present Moment where you can actually enjoy the things that you have. You automatically resist anything new, and stubbornly deny the necessity of letting go of anything.